



HEART. HUSTLE. HOCKEY.

FIELD HOCKEY/ACTIVE KIDS CAMP
SUMMER 2026

Adrienne Benitez, Former Division I Athlete - (Head Coach)

abayvel@gmail.com

Where: Mountain Lakes High School Turf. 51 Glen Road

When: 1 week

- Monday July 6th-Friday July 10th
- **9:00am-3:00pm (MTN LAKES HIGH SCHOOL TURF FIELD) 51 Glen Road Mtn Lakes.**

******We will play in the rain, NOT in thunder and lightning. No refunds for weather cancellations. Unfortunately, we will have to cancel****No rain dates available.**

What we do:

Participants: Grades K-3 (Grade as of Sept 2026)

Field Hockey Stations that focus on skills and drills, scrimmaging and LOTS FUN SUMMER SPORTS GAMES!!! (Think hula hoops, jump rope, ladder agility, potato sack races, relay races, tug of war, the list goes on!) Agility, endurance and fitness training. 9am-12pm outside on the turf. 12pm-3pm indoor location at MLHS Indoor Gym (pick up at that location)

***Trust games, team building, scavenger hunt, charades, dance competition/skits (groups)**

🍕 Pizza will be provided on Friday July 10th/Snow cones on Friday!!!

🍱 Lunch and a snack must be sent to camp daily with your camper.

🍷 Labeled water bottles must be sent with your camper

***Must bring a field hockey stick, mouthguard, shin guards, sneakers, and a towel or yoga mat**

REGISTER VIA THIS LINK:

<https://forms.gle/g3qghQegr6NM3pUA>

Venmo \$550@Adrienne-Benitez (5 days)

10% sibling discount

No refunds for weather cancellations. .

We pay in advance for facility usage etc.