



2026 SEASON



Summer Time is Rugby Time!

Coed, Non-Contact fun for Boys and Girls age 5-14

Practice starts Monday, June 8th

Last game Saturday, July 18th



- The Owls: For Children Entering Grades K-1**
- The Falcons: For Children Entering Grades 2-3**
- The Hawks: For Children Entering Grades 4-6**
- The Eagles: For Children Entering Grades 7-9**

American Flag Rugby introduces young players to the game. Emphasizing enjoyment and sportsmanship, rather than competitiveness. Children play in four age groups, introducing more aspects of the game as the players progress. The program intends for children entering kindergarten through ninth grade.

Practice is on Monday and Wednesday evenings from 6:30 to 8:00 pm at Halsey A Fredrick Park, 75 Morris Ave in Mountain Lakes, NJ. Saturday morning games are scheduled against neighboring towns, which will require traveling.

For more information go to www.tritownrugby.com

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