

2026 SPRING SPORTS CLASSES



STARTING APRIL • MOUNTAIN LAKES

IN ASSOCIATION WITH
MOUNTAIN LAKES RECREATION

NEW SPRING SCHEDULE - AGES 1.5-14.5

More details, full schedule & pricing online



PARENT & ME

Midvale Park

Saturday - 9:00am & 11:15am
Saturday - 9:45am & 10:30am

Ages 1.5-2.5
Ages 2-3.5

SOCCER

Taft Memorial Field

Saturday - 2pm & 2:50pm
Saturday - 6:00pm
Saturday - 4:30pm

Ages 3-4.5
Ages 4-5.5
Ages 6-8

MULTI-SPORTS

Midvale Park

Thursday - 4:20pm
Thursday - 3:30pm & 5:10pm
Thursday - 6:00pm

Ages 2-3.5
Ages 3-4.5
Ages 4-5.5

TENNIS

Mountain Lakes High School

Sundays - 4:30pm
Sundays - 9:20am & 11:30am & 1:00pm
Sundays - 2:00pm & 3:00pm
Sundays - 4:00pm

Ages 3-5
Ages 5-8
Ages 8-11
Ages 11-14.5

FLAG FOOTBALL

Taft Memorial Field

Tuesday - 3:30pm & 4:20pm
Tuesday - 5:10pm
Tuesday - 6:00pm

Ages 3-4.5
Ages 4-5.5
Ages 5-7

MULTI-SPORTS

SPRING BREAK CAMP

Taft Memorial Field

April 6-9th 9am-12pm
Ages 5-11



SUMMER SCHEDULES
COMING SOON

MORE DETAILS & REGISTER AT:

USASPORTGROUP.COM