



# SPRING CLINICS

April 19-May 17 on Sundays @ 3pm

Six(6) Clinics @ MidvaleField

*Designed for Kindergarten, 1st and 2nd Grade Girls in MountainLakes & Boonton Township*



- Introduce the game of lacrosse through small group instruction
- Teach fundamental skills such as stickwork, proper groundball technique, and basic offensive and defensive skills
- Practice drills and fun games that reinforce instructional concepts
- Coached by former collegiate players and current MLHS Varsity players

*It is our mission for all players to learn and develop solid fundamentals, to be good teammates, be competitive, and have fun playing the game of lacrosse.*

**Sign up at [www.foundationslax.com](http://www.foundationslax.com)**

*Directors Jen Topakas and Emily Johnson*