

JR. LAKER

W R E S T L I N G

2025-2026 SEASON

<https://www.jrlakerwrestling.com/>

REGISTRATION IS OPEN TO ALL BOYS AND GIRLS
FROM MOUNTAIN LAKES AND BOONTON TWP

Jr. Lakers (K-8th)

Participants will learn basic and intermediate wrestling techniques during weekly practices, with an option to participate in Twin County Junior Wrestling League (TCJWL) matches and tournaments. Wrestlers are paired based on four criteria (1) Age (2) Weight (3) Years of Experience (4) Skill Level.

Registration Info

Fee: \$210 per child*

*Families registering more than 2 children, only pay for the first 2, all others are free.

Contact recreation@mtnlakes.org to register your additional child(ren).

If your child is interested, but unsure about committing, contact us about attending a trial practice.

Competition Schedule

Seven TCJWL matches from early January to mid-February (dates and times TBD).

TCJWL tournaments (Novice, Journeyman, Girls, District/Region) & three non-league tournaments.

NEW! Website

Check out our new website!

<https://www.jrlakerwrestling.com/>

Practice Schedule - starts 11/17

Jr. Lakers (Young Group): Mon & Thurs (6:15 – 7:15pm)

Jr. Lakers (Older Group): Mon & Thurs (7:15 – 8:30pm)

Sat AM practice times TBD (November – December)

Attire

Each athlete will receive a singlet & t-shirt/shorts, which are included in the fee.

All athletes are required to wear wrestling shoes and headgear (not provided).

Questions? Contact David Schlett, Program Director, at jrlakerwrestling@gmail.com

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