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JOIN US AT BIRCHWOOD LAKE

# Mountain Lakes Summer Swim and Dive Teams

<https://clubs.bluesombrero.com/Default.aspx?tabid=444995>

[Email us: mlswimdiveteam@gmail.com](mailto:mlswimdiveteam@gmail.com)



## THE FINE PRINT

You must have borough beach tags.

If you are 12 and under, you must pass the Borough Beach Test to participate. If you do not pass the beach test you can register for the Pre-Team.

You must be at least 5 years old to participate in the swim and dive teams.

If you are 9 and under you must have a chaperone that is at least 16 years old at all times.

You must purchase a team suit to participate in meets.

If you are 13 and older, you do not need to pass the beach test to participate in swim or dive.



## REGISTRATION OPTIONS

### Swim Team: \$275 6-week program

- JUNE 23-AUG 3: PRACTICE 5-6pm DAILY
- Monday Night Meets 6pm at Birchwood Lake or close locally.

### Dive Team: \$275 5-week program

- June 23-July 26: PRACTICE 3-5pm DAILY
- Thursday Night Meets 5pm at Birchwood or Indian Lake.

**Both programs: \$375**