

Uncharted Waters



A forum to help parents navigate the sea of modern social-emotional dilemmas of today's youth.



A joint presentation by Mountain Lakes and Boonton Township Superintendents, Dr. Brad Siegel and Ken Frattini.



October 28th at 7PM

Rockaway Valley School
11 Valley Road Boonton Township

“The American Academy of Pediatrics (AAP), the American Academy of Child and Adolescent Psychiatry (AACAP) and the Children’s Hospital Association (CHA) are joining together to declare a National State of Emergency in Children’s Mental Health.”¹

One of the hardest things parents go through is when their child is suffering or hurting (physically, mentally, emotionally, socially). Social-emotional dilemmas including anxiety, depression, Harassment, Intimidation and Bullying (H.I.B.), social-media and technology are overwhelming children *and* parents. There’s no shortage of the internal and external conflicts children struggle with these days. But how do we help? Join us to discuss, prevent, partner, and manage root causes.

¹ https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/?srsltid=AfmBOor7tFoy74P9CYOfxg-WahUFOhsYS_Jz-Ajn-CVjG8zvX9KhUHL