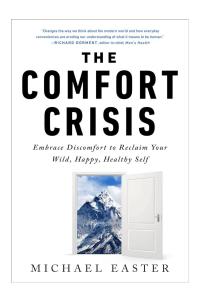


## **The Comfort Crisis**

## Book discussion series led by Mr. Erik Carlson, Briarcliff Principal



Please join **Mr. Erik Carlson** for this special event series, an ongoing discussion of Michael Easter's **The Comfort Crisis**. Join us for one, several, or all of our remaining forums:

Friday, 10/18 - Chapters 8-13
Tuesday, 10/29 - Chapters 14-15
Tuesday, 11/12 - Chapters 16-18
Wednesday, 11/20 - Chapters 19-21
Thursday, 11/25 - Conclusion
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11:45a-12:30p at Briarcliff

In our discussions, featuring panels of ML faculty, administration, and parents, we'll be focusing on the theme of how improve our health and happiness by breaking out of our comfort zone.

Please email **ecarlson@mlschools.org** to join the discussion.