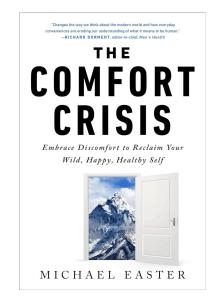


The Comfort Crisis

Book discussion series led by Mr. Erik Carlson, Briarcliff Principal



Please join **Mr. Erik Carlson** for this special event series, an ongoing discussion of Michael Easter's **The Comfort Crisis**.

In these forum discussions, we'll be focusing on the theme of how improve our health and happiness by breaking out of our comfort zone.

Our first meeting will be held on **Monday, September** 23rd from 11:45a-12:30p at Briarcliff. A total of 6-8 meetings will be held, and will feature panels of ML faculty, administration, and parents.

Please email **ecarlson@mlschools.org** to join the discussion.