



SPORTS

SPRING CAMPS & CLASSES

MOUNTAIN LAKES RECREATION

WEEKLY CLASSES AGE 2.5 - 14.9

Summer Schedules Online Now
More Sports Options Available

SCAN TO VIEW
SCHEDULES & REGISTER



SPRING SCHEDULE

All programs take place in Mountain Lakes, NJ

Spring programs start in April

Weekly classes take place once a week for 45-50 mins

More details, full schedule and pricing online

TENNIS: Age 3-14.9

Age 3-4.9: Sunday Mornings, 8:30am - 9:15am

Age 3-4.9: Sunday Mornings, 10:40am - 11:25am

Age 5-7.9: Sunday Mornings, 9:20am - 10:30am

Age 5-7.9: Sunday Mornings, 11:30am - 12:20pm

Age 8-10.9: Sunday Afternoons, 1:00pm - 1:50pm

Age 11-14.9: Sunday Afternoons, 2:00pm, 3:00pm, 4:00pm

SOCCER: Age 2.5-7.9

Age 2.5-3.9: Saturday Afternoons, 2:50pm - 3:35pm

Age 3-4.5: Saturday Afternoons, 2:00pm - 2:45pm

Age 4-5.5: Saturday Afternoons, 3:40pm - 4:25pm

Age 6-7.9: Saturday Afternoons, 4:30pm - 5:20pm

MULTI-SPORTS: Age 2.5-6.5

Age 2.5-3.9: Thursday Afternoons, 5:40pm - 6:25pm

Age 3-4.5: Thursday Afternoons, 4:00pm - 4:45pm

Age 4-5.5: Thursday Afternoons, 4:50pm - 5:35pm

Age 5-6.5: Thursday Afternoons, 6:30pm - 7:15pm

FLAG FOOTBALL: Age 3-6.9

Age 3-4.9: Tuesday Afternoons, 3:30pm, 5:20pm

Age 5-6.9: Tuesday Afternoons, 4:20pm, 6:10pm



REGISTER TODAY AT
USASPORTGROUP.COM

NEED HELP? CONTACT US TODAY

866 345-BALL