



REGISTRATION – 2023-24 SEASON

\$200 per Wrestler/ \$350 Family Maximum

Registration is open to all Mountain Lakes and Boonton Twp residents -
Grades 1st - 8th

Practices Start Week of November 13th - in the MLHS Cafe.

Gym availability varies, weekly: emails will be sent to confirm days/times.

Typically, we will practice on Tuesdays and Thursdays as follows:

Young Group 6:00-7:00 Older Group 7:00-8:15 Saturdays 9:00-10:30 am

Joint workouts & scrimmages may occur

Meets are typically on Saturdays in January - Dates, times and locations TBD

Registration:

https://mtlakes.cr3.rschooltoday.com/public/getclass/category_id/6/program_id/1

Registration deadline is November 10th.

Attire:

Singlet, practice shirt/shorts will be provided for all wrestlers and are **included** in fees. All
Wrestlers are *required to wear wrestling shoes and headgear.*