



BOYS BOX LACROSSE LEAGUE 3RD - 8TH GRADERS



- Run by MLHS Varsity players, alumni and youth lacrosse coaching staff
- 5 Weekly, 1 1/2 Hour Sessions
- 30 minutes of stick skills and 60 minutes of game play
- Basic box rules with 5 vs. 5 plus goalies; full field players with short sticks
- Focus on quick ball movement and individual defensive skills
- Required: helmet, mouthpiece, shoulder pads, arm pads, gloves, short stick

REGISTER ONLINE:

www.mountainlakeslacrosse.com

OPEN TO ALL 3RD-8TH GRADE
BOYS IN ML AND BT (AS OF
SEPT 2023)

When: 9/16, 9/23, 9/30, 10/7, 10/21

10:30am-12pm for 7th & 8th

12pm-1:30pm for 3rd, 4th, 5th & 6th

Where: Parsippany Roller Hockey Park:
located on Parsippany Boulevard, (Route 202)

Cost: \$150, per player, must have valid US
Lacrosse Membership (\$30)