# MOUNTAIN LAKES RECREATION PRESENTS

### JUNIOR FIELD HOCKEY PROGRAM

### MOUNTAIN LAKES & BOONTON TOWNSHIP

Kindergarten through 8th grade – Beginners of all ages welcome!

PRACTICE BEGINS THE WEEK OF MONDAY AUGUST 28th

This recreational program aims to develop the love of the sport and teach field hockey skills in a **fun and supportive atmosphere.** There is a place for every girl regardless of experience or other sport/activity schedules.

**Saturday Games** The 5<sup>th</sup>-8<sup>th</sup> grade teams play in Norther New Jersey Field Hockey League which requires travel to other towns around Morris County. There are approximately 8 games. Home Games are played at Wilkins Turf Field in ML.

**Weekday Practices** at Wilkins field on the turf Gr 3<sup>rd</sup>-4<sup>th</sup> Mondays 7:00-8:30pm (\$125) Gr 5<sup>th</sup>-8<sup>th</sup> Mondays & Tuesdays 7:00-8:30pm (\$200) **Introduction to Field Hockey** program for grades Kindergarten – 8<sup>th</sup> Grade possible Sundays 11:00am-12:30pm (depending on enrollment) a great way to get introduced to the incredible game of field hockey!

#### What to bring?

- Hockey stick
- Mouth guard
- Shin guards
- Goggles
- Cleats (optional, but helpful on grass)

\*\*We have some hockey sticks to lend out for the season



## **COME BE A PART OF LAKER FIELD HOCKEY!**

Register online at <a href="https://mtlakes.cr3.rschooltoday.com/public/home/">https://mtlakes.cr3.rschooltoday.com/public/home/</a>