

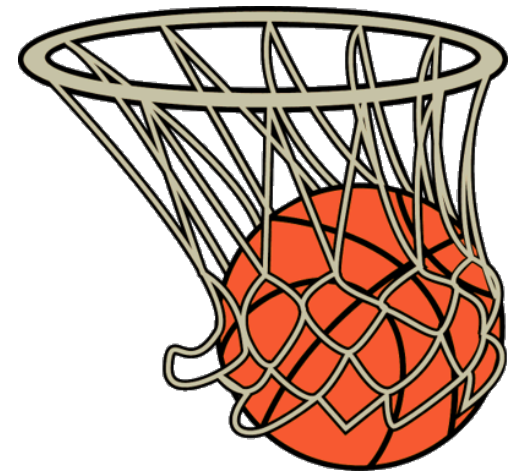
CAMP MISSION

The camp will instruct the players on the proper fundamentals for offensive and defensive play. Drills will be utilized to teach and reinforce ball handling, passing, and shooting skills. Individual and team defensive techniques will also be emphasized through drills, demonstrations, and game situations. Games will be played daily with campers placed on teams according to age, size, and ability. Each camper will receive a camp T-Shirt and a camp basketball.

Please Note: A separate camp registration form must be completed for each camper.



2023 MOUNTAIN LAKES BASKETBALL CAMP



Grades 4-8

July 10th-13th

8:30am-12:00pm

CAMP

STAFF

CAMP REGISTRATION

SCHEDULE

Boys

8:30-8:45 Free Shooting
8:45-9:00 Attendance/Stretch
9:00-9:35 Fundamental Stations
9:35-10:10 Game 1
10:10-10:20 Gatorade Break
10:20-11:00 Drills/Skills
11:00-11:45 Game 2
11:45-12:00 Review/Reaction

Boys Basketball

Jeff Reid-
Head Boys Basketball Coach
Mountain Lakes HS

Athletic Trainer

Paul Bongiorno

Coaches will be assisted by players from the Varsity Basketball Team who will instruct and coach campers throughout the camp.

Money is to be used for the boys basketball program.



Name: _____

Street: _____

Town: _____ Zip: _____

Phone: _____

E-Mail: _____

2023 Grade in School
(Fall): _____

T-Shirt Size (Circle One)
(Adult Size)

S M L XL

Boys: _____

Cost: \$175.00 Per Camper

Payable To: Jeff Reid

Mail To:

Summer Basketball Camp
Mountain Lakes High School
Powerville Road
Mountain Lakes NJ, 07046

Deadline: June 19th, 2023