## HIGH SCHOOL FIELD HOCKEY SPRING CLINIC 2023



Who can participate: 9th-12th graders. 9th as of September 2023. (current 8th graders)

Dates: Sundays March 5, 12, 19, 26. April 2, 16, 23, 30 (8 weeks) \*NO RAIN DATES\*

Time: 4pm-5:30pm (90 minutes)

Where: Mountain Lakes Turf Field (51 Glen Road, Mtn Lakes) Behind Wildwood Elementary School

Cost: \$240 Venmo payment to Adrienne @Adrienne-Benitez

What we'll be doing: The first 30 minutes will be skills and drills as well as corner practice. The last hour will be scrimmaging. Our COED adult team will be joining in the scrimmage. The girls learned a tremendous amount last spring and summer playing with some former collegiate players and many non:)

**Register via this link:** https://forms.gle/VA9WggwXGpMtFb5A9 Cut and paste the link into your browser