



REGISTRATION – 2022-2023 SEASON

\$240 per Wrestler/ \$400 Family Maximum

Registration is open to all Mountain Lakes and Boonton Twp residents -
Grades 2 - 8

**Early Bird discount - Sign up before October 1, 2022 and pay \$225 per
wrestler or \$350 per family.**

OPEN WRESTLING CLINIC FREE TO ALL - (DATES & TIME TBD)

Practices Start Week of November 14th - Meets in January (usually Saturdays)

Gym availability varies, weekly: emails will be sent to confirm days/times.

Typically, we train on Monday and Wednesday as follows:

Young Group 6:00-7:15 Older Group 6:00-8:00 Saturdays 10:00-11:15 am

Joint workouts & scrimmages may occur

Meets are Saturdays in January - Dates, times and locations TBD

Registration:

https://mtlakes.cr3.rschooltoday.com/public/getclass/category_id/6/program_id/1

Registration deadline is Friday, November 11th.

Attire:

Singlet, practice shirt/shorts will be provided for all wrestlers and are **included** in fees. All
Wrestlers are *required to wear wrestling shoes and headgear.*