MOUNTAIN LAKES RECREATION PRESENTS

JUNIOR FIELD HOCKEY PROGRAM

MOUNTAIN LAKES & BOONTON TOWNSHIP Kindergarten through 8th grade – Beginners of all ages welcome! **PRACTICE BEGINS THE WEEK OF MONDAY AUGUST 29th**

This recreational program aims to develop the love of the sport and teach field hockey skills in a **fun and supportive atmosphere.** There is a place for every girl regardless of experience or other sport/activity schedules.

Saturday Games The 5th-8th grade teams play in Norther New Jersey Field Hockey League which requires travel to other towns around Morris County. There are approximately 8 games. Home Games are played at Wilkins Turf Field in ML.

Weekday Practices at Wilkins field on the turf Gr 3rd-4th Mondays 7:00-8:30pm (\$125) Gr 5th-8th Mondays & Tuesdays 7:00-8:30pm (\$200) **Introduction to Field Hockey** program for grades Kindergarten – 8th Grade Sundays 11:00am-12:30pm a great way to get introduced to the incredible game of field hockey!

What to bring?

- Hockey stick
- Mouth guard
- Shin guards
- Goggles
- Cleats (optional, but helpful on grass)

**We have some hockey sticks to lend out for the season



COME BE A PART OF LAKER FIELD HOCKEY!

Register online at https://mtlakes.cr3.rschooltoday.com/public/home/

Questions? Please email RECREATION@MTNLAKES.ORG