

# MOUNTAIN LAKES



## GIRLS LACROSSE

# PRESEASON OPEN HOUSE

Wednesday, February 9th from 7-8pm  
at the MLHS Auxiliary Gym

### LAX 101

Learn about  
the game of  
lacrosse!

Open Q&A

Sign up!

### UNIFORM SWAP

Bring old  
uniforms and  
swap sizes  
*or*  
donate uni and  
new players  
can try on for  
size

### LAX DEMO

Hang out  
with MLHS  
Varsity lax  
stars

Watch them  
demonstrate  
key skills

### PLAY!

Throw  
around with  
your friends

Obstacle  
course

Win swag

